## HISTORY & CLINICAL DIAGNOSIS (REQUIRED)

<table>
<thead>
<tr>
<th>Procedure</th>
<th>Prep</th>
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<tbody>
<tr>
<td>PET/CT Skull Base</td>
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<td>PET/CT Whole Body</td>
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<td>PET/CT Brain</td>
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<td>NA 18 PET/Bone Scan</td>
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<td>Abdomen</td>
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<td>Ankle</td>
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<td>Arm</td>
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<td>Cervical Spine</td>
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<td>Chest</td>
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<td>IACs</td>
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<td>Leg</td>
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<td>Lumbar Spine</td>
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<td>Lumbosacral</td>
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<td>Thoracic Spine</td>
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<td>TMJ</td>
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<td>Wrist</td>
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## SPECIAL PROCEDURES

- Biopsy/Drainage-CT/US
- Breast Biopsy-MRI/US
- Bone Marrow Biopsy
- I.V.P.
- Joint Injection
- Low Dose Chest Screening
- MR Arthrogram - Shoulder / Hip / Knee
- Myelogram
- Picc Line Placement
- Spinal Tap
- Thoracentesis
- Thyroid Biopsy
- Other

## MRI ANGIOGRAPHY

- Abdominal Aorta Prep #4
- Brain Prep #4
- Carotid Arteries Prep #4
- Lower Extremities Prep #4
- Thoracic Aorta Prep #4
- Renal Arteries Prep #4

## BONE DENSITY STUDY

- DEXA Scan
INSTRUCTIONS FOR THE PATIENT

Follow instructions for examination indicated unless your physician has told you otherwise.

Prep #1  Nothing to eat or drink for 4 hours prior to test. Do not wear any jewelry.

Prep #2  Drink approximately 40 ounces of fluid 2 hours before appointment. DO NOT VOID. Bladder needs to be extremely full for proper examination.

Prep #3  For your convenience, please wear a two-piece outfit. Do not use deodorant, powder, or perfume under the arm or breast area. If possible, please bring your previous mammogram films from other facilities with you. Do not wear any jewelry.

Prep #4  MRI Prep (All MRIs) Wear comfortable clothing. Wear no metal or eye make-up. Patients with implanted pacemakers, defibrillators, stimulators, pain pumps, recently implanted stents or aneurysm clips in the brain may not be candidates. Bring your vendor provided card for implant devices. Do not wear any jewelry.

Prep #5  CT/PET It is essential that you follow the instructions below in order to ensure quality and accuracy of your scan.

24 hours before do not drink any caffeine, including any decaf products.

12 hours prior to the exam stay on a low carbohydrate diet. Do not engage in any strenuous exercise.

6 hours prior to your appointment time do not eat anything and drink several glasses of water (between 2 to 6 cups) and take your medications. If you need to eat please stick to a protein only meal if possible. If you are diabetic, please consult your doctor for questions regarding medication.

Wear warm and comfortable clothes. Do not wear any jewelry.

At your appointment time you’ll receive an injection. After the injection, you will be asked to sit quietly in a waiting room for 60 minutes. Scan generally takes about 30 minutes. In some cases, more than one scan is required. Your total time commitment would be about 1 to 2 hours. Reports should be in your doctors office within 48 hours.

Foods Allowed
- All Meats
- Unsweetened Peanut Butter
- Oil
- Margarine
- Butter
- Tofu
- Hard Cheese
- Diet Soda
- Eggs
- Non-Starchy Vegetables: (i.e.: broccoli; spinach; green beans)

Foods Not Allowed
- Cereals, and Breads
- Pasta
- Sugar/Candy
- Jams, and Jellies
- Alcohol
- Rice
- Peas
- Corn
- Potatoes
- Fruit
- Fruit Juices
- Gravies
- Dry Beans
- Honey
- Milk (including non-dairy milk)

Prep #6  Drink 32 oz. of water 1 hour prior to exam.

Prep #7  No thyroid medication or iodine contrast injection for past 3 weeks. No lithium for past 48 hours.

No shellfish for past 24 hours.

Prep #8  Nothing to eat or drink for 8 hours prior to test. Do not wear jewelry.

NOW OPEN AFTER 5PM FOR MRI, CT, AND X-RAY BY APPOINTMENT ONLY. CALL 352-597-0016 TO SCHEDULE TODAY!

Visit our Website at www.advancedimagingconcepts.com for more information regarding your upcoming radiological examination.

On our site you will not only find information about your specific test, but all of the services we provide.

You can also get to know the physicians who will be interpreting your examination.

At Advanced Imaging Concepts it is our goal to provide you with intelligent imaging with compassionate care.